Dear Friends,

Welcome to Stablemate 2023. This is SPANA’s centenary year and I’d like to start our 100th birthday celebrations by saying a huge thank you to all of you who make our work possible. Even with the difficulties of the ongoing cost of living crisis, you have been so wonderfully generous these past 12 months. Your unwavering support has helped us to transform the welfare of hundreds of thousands of working animals.

Along with many uncertainties, climate change is never far from our thoughts here at SPANA, with global warming causing increasingly unpredictable weather in the areas in which we work. On the page opposite you will read about the emergency response work we are doing to save ill and abandoned animals in flood-stricken parts of Uganda. This is vital and urgent work that is only made possible with your kind donations.

Warmer and damper climates also make the perfect breeding ground for many parasites, the source of so much anguish for working animals around the world. On page four you can read the heart-breaking story of Maua, a donkey who almost died from a parasitic disease known as ‘sleeping sickness’. Parasites are one of the most common problems that affect working animals worldwide but are also relatively cheap and easy to treat. Find out how you can help us make a difference.

A problem that’s much harder to treat is the highly contagious disease EHZL, which blights working animals across Ethiopia. As you’ll read on page 10, this horrific and painful disease causes no end of misery, but thankfully our SPANA vets on the ground are doing all they can to stop it spreading. A gift from you will help us provide more lifesaving treatment.

We also need your support to give working animals access to essential dental treatment. Overgrown teeth are a serious issue for horses, donkeys and mules, and in extreme cases can stop them eating and cause a long, slow death. Turn to page six to read how elderly donkey Sami was saved from starvation and how you can help others like him.

Finally, to mark our centenary, we’ve created a wonderful pull-out showing some of the fantastic achievements you’ve made possible over the years. It really is staggering how much SPANA has managed to accomplish thanks to your kindness.

While reflecting on our achievements to see how far we’ve come is important, there are still so many working animals who need our help. If you can, please consider making a gift today to ease their suffering. Thank you so much.

Linda Edwards
Chief Executive

Phone 020 7831 3999 Email hello@spana.org Website www.spana.org

If you’d like to receive regular updates about SPANA’s work, please sign up for our e-newsletter at www.spana.org

www.facebook.com/spanacharity | www.twitter.com/spanacharity

www.youtube.com/spana1923 | www.instagram.com/spanacharity

Centenary pull-out

Showing care and compassion
An update on the work SPANA is doing to improve the lives of working animals in Namibia.

Tackling Ethiopia’s EHZL crisis
Help us to treat animals suffering in agony from the deadly disease EHZL.

Get involved
The fun things you can do to help us raise money for working animals in need.

Leave a legacy
How leaving a gift in your Will to SPANA will transform the lives of working animals in the future.

Happy Hooves
Our centenary gifts have arrived! Plus, enjoy up to 50% off in our sale.

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Providing emergency relief
With your kind support, we’re providing aid to sick and abandoned animals in Uganda’s flood zones.

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Preventing parasites
How your donations can help to tackle parasitic diseases.

5

Stopping starvation
With your help, SPANA vets can provide lifesaving dental treatment to stop animals going hungry.

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Your support goes a long way
A snapshot of how your generous donations are making a difference to the lives of working animals around the globe.

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Centenary pull-out

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IN

UPDATE

SAVING WORKING ANIMALS IN NATURAL DISASTER ZONES

Starving, dehydrated and desperate for shelter. This was the upsetting reality for many working animals in Uganda after last summer’s heavy rainfall led to flooding, mudslides and landslides across parts of the country. Separated from their owners and stranded by the floods, these distressed animals were left to fend for themselves in unforgiving, cold and wet terrain.

Thankfully, all was not lost. With your generous support, we were able to act quickly to provide a lifeline for many vulnerable working donkeys and oxen through our emergency relief programme.

Over the past six months, working in partnership with the Animal Welfare and Protection Organisation (AWPO) in Uganda, we’ve managed to give aid to hundreds of displaced animals, providing them with vital food, water, shelter and medical treatment. We have also supported work to rehome or reunite the animals with their owners to make sure they go on to lead healthy, happy lives.

This is the first time that animals in Uganda have been rescued directly as part of a relief appeal, as Dr Wanderema Wesonga from AWPO explained: ‘For the first time (in Uganda), working animals have been given direct humane relief care to alleviate their pain and suffering during an emergency. This has been done by responding with rapid assessments and providing timely compassionate shelter, feed, water and veterinary care through the Flooding Emergency Project in Mount Elgon. Thanks very much SPANA for your timely, humane and compassionate response.’

Your kind donations have helped provide urgent veterinary care through our mobile clinics and provide aid to working animals in remote areas. We have delivered essential food and water, reducing the number of animals who might die from starvation or dehydration. In addition to providing treatment and food, we have built temporary shelters for animals in areas at high risk of flooding, landslides and mudslides. These shelters provide a quiet haven for injured and displaced animals.

Thanks to your support SPANA is making a positive impact, but the ongoing threat of global climate change means more unpredictable weather is expected in the future. It’s only a matter of time before the world is hit with yet another natural disaster, putting more working animals’ lives at risk.

That’s why SPANA is committed to planning ahead, so that if the worst does happen again, wherever that may be, we can act fast to save animals’ lives. Part of this work means engaging with local people to educate them on how to provide care to animals during and after these events. By building relationships with communities, we can make sure that when there is a risk of an emergency, like a flood, we can work quickly to find and save as many working animals as possible.

Without your help, our current emergency relief programme in Uganda and future projects like it could not happen, so thank you again for your support.

WHAT YOUR DONATIONS CAN DO:

£50 could provide rabies and anthrax vaccinations to 70 working animals at risk of disease during an emergency or disaster.

£150 could pay for 14 days of petrol for two emergency response teams to access remote areas and deliver aid to displaced animals.

£20 could provide a day’s worth of emergency food and water to 33 working animals at risk of starvation and dehydration.

Find out more about our projects www.spana.org/our-work
A sharp, stinging bite was a moment of irritation for hardworking donkey Maua. Until she started experiencing terrible lethargy, her owner was unaware that she had been bitten by the tsetse fly. Thriving in tropical climates, this parasite is a carrier of a deadly ‘sleeping sickness’. If left untreated, it can make working animals extremely sick and can even kill them.

Of all the dangers working animals around the world face, parasites are among the most common. There are many different kinds of parasites, and they thrive in various climates across every continent. Given the high volume of parasites, it may not surprise you to learn that one third of all treatments delivered to working animals by SPANA vets are to control parasites.

You may remember that in our spring appeal last year we shared the stories of Hani and Yafet, who were both suffering from horrific and life-threatening parasitic infestations until they received treatment from our SPANA vets. If you were able to donate to this appeal, thank you so much. Your generosity allowed us to treat hundreds of working animals around the world infected with deadly diseases caused by parasites.

But our work is far from over. Parasites continue to be an ever-present threat to working animals. By giving whatever you can, we can provide working animals with vital medicine to halt potentially deadly parasites in their tracks. Will you help us save more working animals from devastating parasites?

Fortunately, Gilberta was aware of SPANA’s mobile clinic in Mtera, the region where they live. They took Maua there, where she was diagnosed with a parasitic disease called trypanosomiasis, also known as ‘sleeping sickness’. Spread by bites from the tsetse fly, which is common across sub-Saharan Africa, this disease progresses in animals in the same way that it does in humans. Once the infection enters the bloodstream, it attacks the central nervous system, invading the brain and causing weakness, loss of balance and deteriorating neurological symptoms that can ultimately lead to death.

Luckily for Maua, the disease was spotted early enough that she could be treated with an anti-parasitic treatment and an insecticide to help prevent repeat infection. Gilberta was also advised on the best diet for her donkey to improve her nutrition and increase her energy. She was then encouraged to return regularly to the SPANA clinic, so that Maua could be monitored for future parasitic diseases.

Within two weeks of her first treatment, Maua was back to her normal, healthy self and could return to work. Without your support, Maua would not have received any lifesaving treatment from SPANA and might have died. We cannot thank you enough.

Left untreated, parasitic diseases can have serious consequences and in some cases be fatal. So many working animals around the world are suffering from parasites, passing them on to other working animals and leaving them desperately weak, exhausted and fighting for life.

Yet, it does not have to be this way. As Maua’s story shows, most parasites can be treated easily and cheaply with medicine. Here at SPANA, we are committed to doing all we can to roll out treatment to working animals in countries like Tanzania where access to veterinary care, particularly in rural areas, is difficult.

With your help, we know we can make a difference. We know we can save so many more lives.

**HOW YOU CAN HELP:**

<table>
<thead>
<tr>
<th>Amount</th>
<th>What you can provide</th>
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</thead>
<tbody>
<tr>
<td>£20</td>
<td>can provide six working animals with basic treatment to keep them free from severe parasitic disease.</td>
</tr>
<tr>
<td>£45</td>
<td>could provide lifesaving medication for two animals infected with trypanosomiasis or ‘sleeping sickness’.</td>
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<tr>
<td>£80</td>
<td>could help run a community training session where owners learn how to recognise parasitic infestations and take preventive steps to stop them occurring in the first place.</td>
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**DONATE NOW**

Find out more about our parasites appeal at www.spana.org/parasiteappeal
Imagine if your teeth were so painful that you were unable to eat? This is the sad reality for many animals in the countries where we work.

You may remember our dental appeal last summer, where we shared Elise and Adele’s traumatic dental stories. Both were in agony and on the brink of starvation until they received urgent dental treatment from SPANA. Thank you so much if you donated to this appeal. Your generous efforts helped stock our centres and mobile clinics with dental equipment and medicine to provide essential care. But there is still a lot of work to do, as Sami’s story illustrates.

Your donations could provide essential dental equipment and medicines to ease the suffering of working animals.

£25 can pay for dental rasping treatment for a working animal who is struggling to eat due to overgrown teeth.

£40 could pay for a new file for a dental rasp, so that hundreds of working animals can benefit from basic dental care that will prevent pain and hunger.

£85 could pay towards the extraction of a fractured tooth and supportive treatment at a SPANA centre.

Donation line: 0300 033 4999

Find out more about our dental appeal at www.spana.org/dentalappeal

HOW YOU CAN HELP:

SPANA’s work must continue. When I originally brought my donkey to the clinic, I didn’t even know if he would survive, but now he is in good health. People in Ségou need SPANA.”

Will you help us to continue our vital work and provide lifesaving dental treatment?

DONATE NOW
Thanks to your support, we’ve been continuing to support working animals in the world’s most impoverished communities. Here is a snapshot of the positive difference you’ve made to their lives during another tough and challenging year.

ETHIOPIA

Thanks to your support a new centre and mobile clinic in Gondar, Ethiopia, are now up and running. Last year, we treated over 6,000 working animals and over 180 veterinary students received training at our clinical skills centre.

MAURITANIA

In 2022, we signed an agreement with the Ministry of Education in Mauritania to help create the animal welfare curriculum in schools. In the last five years alone, we have educated 25,000 school children in animal welfare and treated over 500,000 animals. To mark the achievement that you have helped make possible in the country, last year a street in the capital Nouakchott was named in honour of SPANA – ‘Rue SPANA’, or SPANA Road.

ZIMBABWE

With your support, last year we were able to set up 12 Promoting Animal Welfare in Schools (PAWs) clubs in schools in Zimbabwe for the first time. This will ensure that children are educated in the emotional and welfare needs of working animals.

TANZANIA

With your help, we have supported a number of community projects and activities in Tanzania. These include harness-making workshops, the distribution of reflectors to prevent accidents, the training of veterinary students and extension workers, and the provision of animal welfare lessons in schools. Learners who attended animal welfare lessons overwhelmingly left with an improved knowledge of animals welfare needs.

Thanks to you, we’ve been continuing to support working animals in the world’s most impoverished communities. Here is a snapshot of the positive difference you’ve made to their lives during another tough and challenging year.
A bit made from wire that is agonising to wear. An ill-fitting harness that rubs painful wounds into the flesh. A heavy load on a broken cart that’s too difficult to pull. These are just some of the everyday nightmares for working animals in Namibia.

There are an estimated 159,000 working donkeys in the country but sadly, up until now, they’ve had almost no access to veterinary care. This is partly because they’re seen as less valuable than other animals, like livestock, which are considered a symbol of wealth. But also, because many live in rural areas where people have no knowledge of animal welfare or access to training.

With your help, SPANA is working hard to support these poor, overlooked animals. As part of a three-year programme, we are working in three areas across Namibia to provide vital veterinary services to a target of 1,400 donkeys.

With your kind donations, we have recruited a vet who will deliver preventive veterinary care, including tetanus and rabies vaccines and anti-parasitic treatments. We are training owners how to mend broken harnesses and carts, making them more comfortable for their animals to wear and pull. We are also replacing painful wire bits with new purpose-made bits, which will vastly improve the donkeys’ working lives.

We are delighted to report that in the first two months of the project, we were able to supply 186 preventative vaccines and parasite treatments. We have also already replaced 500 bits.

These are just our first steps into helping working animals in Namibia. As well as providing much-needed veterinary care, we will work with communities to show them how to mend and use equipment properly to avoid inflicting wounds or suffering on their donkeys. We will also educate adults and young people in how to best care for their working animals – improving their animals’ welfare in the long term.

We can only do this work thanks to your ongoing support for SPANA. Together, we can transform the lives of working animals in Namibia. Thank you so much.
Your generosity is helping to stop the deadly disease epizootic lymphangitis (EZL) from infecting working animals in Ethiopia, but there’s still lots of work to be done.

One of the main focus areas of our work has been to tackle the deadly disease EZL. This highly infectious fungal disease affects as many as one in three animals in parts of Ethiopia and is commonly spread when animals come into contact with each other or when they share equipment or drink from the same trough. It causes painful ulcers and abscesses to erupt across the limbs and body, which can lead to lameness. Worse still, if it attacks the internal organs, EZL can be fatal.

The good news is, thanks to your generosity, SPANA is already making a real difference. Our veterinary team feels that SPANA’s efforts since 2003 to treat the disease and educate owners have contributed to reducing the levels of the disease in Bishoftu. We are proud to say we now see less cases in the town’s cart horses than in other areas. Our job now is to continue this vital work across other parts of Ethiopia, so that we can eradicate this deadly disease once and for all.

Jima’s story

Jima, an eight-year-old carthorse, was a shadow of his former self. The once energetic animal limped sadly, wincing in pain with every step. His owner Hailu Abera could see that he was suffering. Not only was his horse’s head bowed in anguish, but his leg had ballooned to twice its size and his body was covered with painful pus-filled ulcers, oozing with infection.

Jima was suffering from EZL, the deadly disease that causes agonising inflammation and, if left untreated, can lead to death. Hailu knew that the only hope for his faithful friend’s survival was to seek urgent treatment. Fortunately, Hailu knew about the work of SPANA and was able to take Jima to our centre in the town of Bishoftu. SPANA is the only organisation that currently treats EZL in this area and provides lifesaving treatment to working animals.

Our team of vets got to work immediately, treating the inflamed ulcers with iodine solution to clean them and to stop the disease from spreading. Aware that the disease could also be attacking Jima’s internal organs, they gave him medication to fight the infection. Owner Hailu was also given iodine solution to take home so that he could clean Jima’s wounds regularly himself.

Of all the diseases that our SPANA vets treat in working animals, EZL is particularly nasty. Treatment isn’t an overnight fix and most infected animals need to return to our SPANA centres weekly to receive further treatment until the disease is gone.

After several weeks of ongoing treatment, Jima was fortunately free from EZL. His owner Hailu was extremely grateful for SPANA’s help and said: ‘Thanks to SPANA for supporting us through free treatment of our horses. Without equines, we can’t do anything to survive. Equines are our power.’

Your support means we can treat more animals like Jima, who would not have survived without the aid of our SPANA vets. Any help you can give will make a difference. Thank you so much.

Jima needed several weeks of treatment to heal the debilitating ulcers caused by EZL
A big thank you to all our SPANA supporters for the fantastic fundraising efforts you continue to make to help us improve the lives of working animals. The past 12 months have been tough for many households with the ongoing cost of living crisis, so to know you are continuing to raise money for us means everything. Here are just a few of the inspiring things you got up to in 2022.

**Hold a charity sale**
Long-standing SPANA supporter Margaret Farley showed her love for working animals once more when she hosted a summer plant sale. With the help of her husband and friends, green-fingered Margaret raised a fabulous £2,480 – taking her SPANA fundraising total from tea parties and plant sales to over £8,000 since 2016.

**Calling all knitters!**
This winter you can join our knitting community and knit your own Hattie the horse, Duncan the donkey, Emma the elephant, Oscar the Ox or crochet Clarence the camel. Head to www.spana.org/bigknit to make a donation and download our animal knitting patterns. Happy knitting!

**Running for awareness**
On a gloriously sunny Sunday in October, we had four incredible runners take on the Royal Parks Half Marathon. Taking in London’s world-famous landmarks, they zipped round the course and raised just under £2,000 for our vital work. Thank you so much Nicolas, Tancredi, Luca and Henry for your incredible efforts and support!

**Highlight our work**
It was a trip to Morocco and seeing the number of working animals living in devastating conditions that prompted Megan Gibbon to fundraise for SPANA. While competing in a beauty pageant, she took the opportunity to talk about the life-changing work that SPANA does to improve animals’ lives. Her brilliant efforts helped to raise £325 for working animals in need. Great job Megan!

**How to get involved**
There are so many ways you can make a difference to animals in need. Could you host a stall, put on your running shoes or maybe you have your own novel ideas to raise funds? We’d love to hear from you. Call our friendly community fundraising team on 020 7831 3999 or email events@spana.org. You can also visit www.spana.org/get-involved

Your compassion and kindness helps working animals like Farhan. Farhan is a shepherd donkey who works from dawn until dusk in Kurdistan, protecting the flock while they’re out at pasture. For the past two years, eight-year-old Rawda has been at Farhan’s side on the days she’s not at school.

One evening, when Rawda was taking off Farhan’s headcollar at the end of a long day, she noticed that sores were beginning to develop on Farhan’s nose and neck. Luckily, she knew that the SPANA mobile clinic would soon be visiting her village and took Farhan to be treated as soon as possible.

Dr Sulaiman carefully treated Farhan’s wounds and provided soft protectors for Farhan’s headcollar to prevent injuries in future. Rawda was relieved to hear that Farhan would soon recover.

When the day comes to think about writing your Will, we wondered if you could consider a special gift to help working animals like Farhan? We know you may have family members, friends and pets who you would like to make provisions for. Some supporters tell us they’re not sure if there will be anything left for working animals after taking care of their loved ones. In this case, you may like to consider a residuary gift. A residuary gift means leaving a share, or a percentage, of whatever is left from your estate once all your other wishes and commitments have been carried out. This means you don’t have to keep remaking your Will as your finances change – a residuary gift remains proportional to the value of your estate and will change accordingly with your financial circumstances.

Our free legacy pack has all the details you’ll need. You can request a pack by ticking the box on the bottom of the donation form included with this newsletter. You can also use the form to let us know you have included SPANA in your Will – so we can say a special thank you and ensure to communicate with you appropriately in the future. Alternatively, you can call our friendly legacies team on 020 3855 0161 or email giftsinwills@spana.org. Thank you.
Help working animals while you shop

Our collection of special edition centenary gifts is available to order now! These elegant collectable gifts celebrate 100 years of SPANA’s support for working animals across the world. Order fast! Buy one or more gifts from our centenary range and you can receive a free 2023 SPANA calendar, while stocks last.*

We are currently unable to offer delivery to countries outside of the United Kingdom. We apologise for any inconvenience caused.

CENTENARY GIFTS

100 per cent of profits from every purchase will help ease the suffering of working animals.

£10
SPANA Centenary Commemorative Coin
4.5 x 0.3 cm
Gift code: M23CC

£12
SPANA Centenary Metal Bookmark
4.5 x 15 cm
Gift code: M23BK

£16
SPANA Centenary Glass Paperweight
9 x 9 x 2 cm
Gift code: M23PW

£30
SPANA Centenary Bronze Donkey Figurine
10 x 14 cm
Gift code: M23DDF

SALE GIFTS

Plus, enjoy half price delivery and up to 50 per cent off selected gifts and cards until the end of February 2023.*

£3
Lavender Bath Bomb
WAS £4.50
Gift code: M22LVB

£3.50
Vegan Fizzy Gummy Bear Sweets
WAS £4
Gift code: M22FZB

£3.50
Christmas Cards
On the way to Bethlehem
Gift code: M22OB

£2.25
Donkeys and wreath
Gift code: M22DSW

Browse the full range at
www.spana.org/shop
or call 0330 332 2530

*Terms and conditions: Sale commences on 16 January 2023 and ends on 28 February 2023. Receive up to 50 per cent off the original price on selected merchandise, plus half price standard UK delivery, reduced to £1.95. Prices are as marked. No adjustments for prior purchases. Please visit www.spana.org/shop or call 0330 332 2530 for current prices and stock availability. One free gift per eligible order, subject to availability. While supplies last.
Thanks to you, and other friends of working animals like you, SPANA now has a 100-year track record for supporting the welfare of working animals. The pioneering spirit and unwavering passion that drove our early days continue to inspire everything we do. Yet as we celebrate our centenary, it’s even more important to look to the future – to the working animals who will need our help more than ever in the challenging times ahead.

In order to make a lasting difference to the welfare of working animals, we need to be where they need us most. That’s why, during our centenary year, we’ll be looking at new ways to support working animals in an increasingly challenging world.

Above all, in a time when working animals need our help more than ever, SPANA is determined to build upon our historic achievements with pioneering new projects and partnerships, that will bring about lasting transformation for the welfare of working animals.

Help us continue our vital work in 2023 and beyond. By making a donation, signing up as a committed giver or remembering us with a gift in your Will, you can ensure SPANA is there for the working animals of the world during this time of great need.

Find out how you can help working animals today by scanning the QR code or visit: www.spana.org/get-involved

Thank you for your support
In the early 1920s, two adventurous and compassionate women, Kate Hosali and her daughter, Nina, embarked on a lengthy tour of North Africa. As they travelled through Algeria, Morocco and Tunisia, they were struck by the suffering and neglect of many of the working animals they encountered.

Following their return to their home in Britain, Kate and Nina decided that working animals deserved better than a life of suffering. So, on 2 October 1923, they established the global animal welfare charity that would become SPANA – The Society for the Protection of Animals Abroad, to support working animals in low-income and remote countries.

The need for SPANA’s work was great, and the charity quickly opened veterinary centres and mobile clinics across Algeria, Morocco and Tunisia. In the decades that followed, we continued to grow, treating sick and injured animals and offering emergency support in times of crisis, including World War II and during natural disasters and civil unrest. By the 1980s and 1990s, SPANA was expanding beyond our North African roots – first into the Middle East and then across Africa, Asia, and Latin America.

Kate died in 1944 and Nina passed away in 1987, but today – 100 years since the formation of SPANA – the pioneering spirit and unwavering passion that drove our early days continues to inspire everything we do. SPANA’s work now spans 28 low-income countries across the world. Thanks to your kindness and generosity, we are improving the lives of hundreds of thousands of working animals every day through such activities as the provision of essential veterinary care, training for owners and animal welfare lessons for children.

SPANA’s future, like our past, will be shaped by the needs of working animals. The challenges they face are only increasing – from the long-term effects of climate change, to rising political and economic uncertainty. But with your support, we are committed to expanding our reach and impact, especially at this time of great need. Together we can build a brighter, more compassionate future for working animals.

‘Thank you so much for being part of the SPANA story. Your kindness and generosity is making a vital difference to working animals around the world.’
– Linda Edwards, Chief Executive
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